

Minutes

Mid (south) area and Fowey Community Hospital workshop two

Monday 3 June 2019

10am to 12 noon

St Blazey Football Club

Workshop attendance:

Cllr Andy Virr (Fowey and Tywardreath)	Cllr Peter Fassam (Fowey Town Council)
Helen Luther (Vice chairman, Fowey Community Hospital welfare committee)	Cllr Ruth Finlay (Mayor of Fowey)
Monique Darlington (service manager, Mencap)	Kate Daly (practice nurse, Three Harbours)
Bill Davies (Community maker, Volunteer Cornwall)	Jonathan Treffry (Fowey Community Hospital welfare committee)
NHS Kernow and project team	
John Groom (Director of integrated care - community services)	Kate Mitchell (programme lead)
Michelle Smith (team admin support)	Stephen Day (strategic finance, Shaping our Future)
Ben Mitchell (events officer)	Ali Hart (communications and engagement officer)
Lisa Nightingale (senior quality manager)	Karen Roach (locality director, Cornwall Partnership NHS Foundation Trust)

Welcome and introductions

John Groom, director for integrated care (community services) welcomed everybody and introductions were made around the room. It was noted that the attendee number was lower than the first workshop, but it was felt this would allow greater time for in depth discussions around the working idea of a care home (specifically a nursing home).

John outlined to the group that the individuals who we were asked to include at the first workshop were now on the distribution list for future events and to receive workshop minutes. This included practice managers, community pharmacy lead, care home representatives, voluntary groups and the new local tri service safety officer.

It was also highlighted to the group that the previous questions raised at the last workshop with answers will be uploaded to the website alongside all meeting presentations, notes, videos and photos.

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The dedicated webpage for Fowey is:

www.kernowccg.nhs.uk/get-involved/engagement/integrated-community-services-plans/fowey-community-hospital/

The purpose of today's second workshop was to check that there was a common understanding of some of the key themes raised at the first workshop, and to have a focussed discussion of the working proposal for a care home on the hospital site as this was requested at the previous meeting.

Evaluation criteria development

The development of the evaluation criteria was discussed. The current proposed membership of the group which will develop the countywide evaluation criteria was shared and is as below:

ORGANISATION	ROLE	AREA COVERED
NHS Kernow	Community hospital project manager	Countywide
NHS Kernow	Quality manager	East
NHS Kernow	Lay member Governing Body	Countywide
NHS Kernow	Deputy director of corporate governance	Countywide
Cornwall Council	Senior primary care development manager	Countywide
Cornwall Council	Cornwall councillor	West
Cornwall Council	Principal Social Worker	West
Cornwall Council	Family Hub Co-ordinator	West
Cornwall Council	Cornwall councillor	West
Cornwall Council	Cornwall councillor	East
Public Health	Consultant in public health (children)	Countywide
disAbility Cornwall and Isles of Scilly	Representative	Countywide
Cornwall Hospice Care	Specialist nurse	Countywide
Cornwall Partnership NHS Foundation Trust	Professional lead for physiotherapy	Countywide
Cornwall Partnership NHS Foundation Trust	Professional lead for occupational therapy	Countywide
Cornwall Partnership NHS Foundation Trust	Programme Manager	Countywide
Cornwall Partnership NHS Foundation Trust	Quality lead	Countywide
Cornwall Partnership NHS Foundation Trust	Shaping our future clinical lead, primary care medical director	Countywide
Healthwatch Cornwall	Representative	Countywide
Penwith Dementia Friendly Communities	Chairman	West

Although the development of the evaluation criteria is countywide we will ensure the criteria will be able to reflect each local area. There is currently a gap in primary care representation, and we are aiming to address this. Workshop attendees were invited to nominate and/or seek local individuals to attend. It was noted that the invitation has been sent out far and wide, but we would welcome more local members. Workshop attendees were invited to attend the meetings in the other two areas where similar work is being undertaken in Saltash and Penwith.

Action: For attendees to send any nominations and ideas for representation on the countywide development of criteria group to: shapingourfuture.cios@nhs.net

Action: For attendees to let us know if they would like to attend any meetings from any of the other areas. Please inform us via: shapingourfuture.cios@nhs.net

Please note that these minutes represent the views and observations of those attending the event and the specific detail and reference to any numbers and data may not be accurate at this point in time.

It was recognised that whilst we need a local solution, rather than a countywide one, the process needs to be set within a framework which works across the whole county. Setting countywide criteria will allow a consistent and transparent approach.

Fowey Community Hospital - background maintenance

NHS Property Services own the building as a national asset and have the responsibility for ensuring the building is maintained to an agreeable standard. There is a sense of disappointment and frustration that the building is in its current state of disrepair. There was also mention that the community has put significant time and funding in to supporting the site. There was recognition that it is not just the fabric of the building that is an issue but structurally the building has not been able to be developed to allow for provision of modern inpatient care. Any maintenance costs will be in line with how buildings are used.

There was recognition of the previous discussions about the hospital, its history and the community's passion for maintaining the site, but also a desire to focus on developing services fit for future healthcare.

Action: Ruth Finlay to send the housing needs survey done by Cornwall Council to Kate Mitchell: katemitchell8@nhs.net

Action: Kate Mitchell to add the housing needs survey as an appendix to the last meeting's minutes and to reference this amendment in the version up on the website once the information is received from Ruth.

Fowey draft neighbourhood development plan 2019/30

It was referenced that the Fowey neighbourhood development plan (NDP), which has been developed with the community over many months, explicitly states that the community wish to retain the site of Fowey Community Hospital for the future health needs of Fowey parish's population. The plan specifically makes reference to the site being able to provide day care, clinics, step up/step down care and residential care. The NDP would not support the sale of the site on the open market for housing. The plan can be viewed here: www.foweysfuture.co.uk/data/uploads/560.pdf

There was feedback from a previous conversation with NHS Property Services (which owns the building) which consider that the model of care for the area should drive how we use health and care buildings rather than vice versa.

Action: Kate Mitchell to follow up with NHS Property Services to check this situation remains the same.

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There was a discussion on the need to future proof all our health and care services as much as possible and views included: maximising the use of technology such as videoing conferencing to reduce travel time and effort, considering provision of flexible care options, maintaining buildings on a rolling/annual basis and providing flexible and adaptable building space that can change over time. Any solution would however need strong consideration for workforce recruitment and retention as this is a challenge locally just as it is nationally.

Working ideas/option: care home (nursing)

The feasibility study completed by Cornwall Partnership NHS Foundation Trust (CFT) was discussed where it was understood that a 30-bed care home with seven car park spaces and three staff flats was explored. The parking provision was recognised as an issue but it was agreed that was not insurmountable.

There was a suggestion that whilst exploring the care home option, recognising that this was the preferred option discussed at the 2017 well attended Fowey Town Council AGM, we should also be considering other options. The options should be developed from the needs of the local community rather than thinking what might fit in the current site. It was recognised at that time (2017) that there was a commitment from CFT to explore a care home (specifically a nursing home) as a working idea/option.

An update on project phoenix was requested. Project phoenix was looking into getting capital funding into the public sector. We are waiting on the outcome of that which is due in September. The Government/Treasury policies are being reviewed and there is a lot of change at present regarding estates. It is becoming more challenging securing capital (one off payments) for new builds.

A discussion occurred about what steps would need to be taken in order for a provider to be able to deliver care home services on site. These steps would include the commissioner (NHS Kernow) declaring the site surplus to inpatient/minor injuries provision (its previous use) to allow the potential sale and planning permission to be given for a care home (or another option). It was explained that NHS Property Services has to operate within the NHS Property Services framework, but there is a recognition that the policy framework has recently changed and may change again in September. We need to work with the most recent guidance. More guidance is being issued this week.

The attendees were clear that the community preferred an NHS to a private care home provider as that instilled a perception of greater quality of service and more flexibility of provision. It was agreed that a step up/step down function was a necessity regardless of the provider.

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There was recognition that greater clarity was required on the current position from CFT in terms of it becoming a provider of nursing care. There may also be different models and different organisations that could deliver care home provision. A mixed model of provision (nursing and residential) was discussed, but it was felt that having only 30 beds would hamper this.

There was discussion about the required workforce requirements - both in and out of hours for supporting a nursing home. We would need to work with local GPs to ensure agreement for providing medical cover for such a unit. The Three Harbours practices (Middleway, Lostwithiel, and Fowey) are already providing extended hours at the weekend via pre-bookable appointments. There is an increasing expectation that GPs will provide a seven day service, but this will mean capacity and resourcing issues.

It was felt that it may be useful to have more information on the website that outlines what legal processes commissioners have to follow.

Action: Kate Mitchell to look into providing this.

John Groom drew the meeting to a close and thanked everyone for attending and for their contributions. He summarised the main points made during the session:

- We have a greater understanding of Fowey Community Hospital and the passion from the community to retain the site for health and care provision.
- We are committed to exploring the nursing home option as the community's current preferred option, recognising there may be different ways to deliver this.
- There may be a number of other working ideas/options that we may also want to consider-perhaps adopting a blended approach.
- Any local ideas/solution(s) need to be based on local clinical need and fit for the future.
- Any local ideas/solution(s) should have a step up/step down function.

Next steps

We will endeavour to get notes out and up on the website within seven days. As before, we invite people to comment on them for accuracy.

We will further explore the detail of the nursing home working idea/option with CFT and will bring that back to the next meeting.

The date of the next meeting will be confirmed as soon as possible.