

Cornwall and Isles of Scilly Transforming Care Plan

Easy Read Summary

BIG words

These are in **grey bold**. See page 15 for their meaning.



Kernow Clinical Commissioning Group

Introduction

Cornwall Council, the Council of the Isles of Scilly and NHS Kernow Clinical Commissioning Group have formed a Transforming Care Partnership.



This is to put into place Building the Right Support and the new service model (2015).



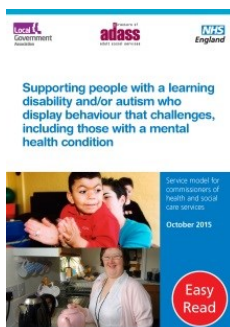
It is for people with learning disabilities and/or autism who have **challenging behaviour**. Autism refers to people also with Asperger's syndrome.



1. The Transforming Care Plan (The Plan)

This is for children, young people and adults with a learning disability and/or autism who have challenging behaviour, and:

- Have a **mental health condition**.
- Self-injure or are aggressive.
- Take risks which put themselves and others in danger.
- Have lower level support needs, and who may not be known to services, and are from poorer backgrounds.



2. The National Service Model

This service model is for people with learning disabilities and/or autism who have challenging behaviour.



The Plan will follow the **principles** of the national service model, which are:



- **Quality of life:** Treating people with dignity and respect. Care should be based upon the person's choices and goals. They should be supported to live within their community in their own homes, and with the support of local services.



- **Safety:** Supporting people to take positive risks. But that they stay safe. Open reporting of abuse should be encouraged. Lessons should be learnt and acted upon.



- **Choice and control:** Supporting people to make their own decisions, and to have choice and control over their own health and care services. The Mental Capacity Act (2005) should be used for those who lack capacity. Decisions need to be made in the person's best interests. People and their families/carers need to be involved.



- **Support and actions:** The least restriction needs to be used. Positive and behaviour support should be used.

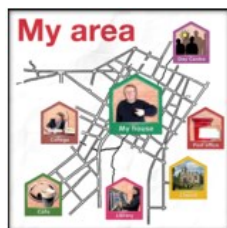


- **Equality:** People with learning disabilities and/autism need to be treated the same as other people. They need to be included in **mainstream services** in line with the Equality Act. Local special services also need to be available.

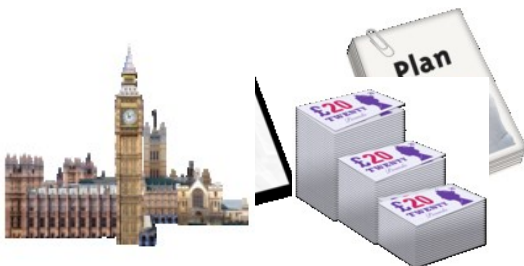


What needs to be done

There needs to be local support and opportunities.



Use resources from local communities.



Buy services which support national policies and local buying plans.



Others

NHS Kernow and the
Councils

Include outside services and those run by NHS Kernow and the Councils.



Make sure that services are affordable and working well for their money.



Share things which work well to inform future buying.

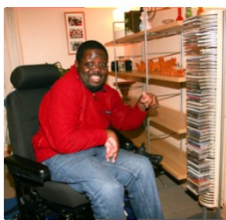
What is The Plan about



The Plan supports people to be citizens with rights.



The Plan is to support people to live active lives in their own communities.



The Plan is to support people to live in their own homes.



People and their families and carers will be supported to make transformation plans. These will give people more choice and control.



There will be more personal budgets, personal health budgets, and joint health and social care budgets.

Involving others



All services and other organisations should be involved in setting up the Plan. There should be an agreed plan between services and NHS Kernow and the Councils who buy services.

Background



Special hospital



There are no hospital beds in Cornwall and the Isles of Scilly for people with learning disabilities and/or autism who have challenging behaviour.



Special hospital



Outside Cornwall and the Isles of Scilly NHS Kernow buys 2 hospital beds and NHS England buys 6 hospital beds for people from Cornwall and the Isles of Scilly.



Using beds outside of Cornwall and the Isles of Scilly raises concern about respecting people's right to personal and private family life (Article 8 of the Human Rights Act).



The Plan will:

- Bring people back to Cornwall and the Isles of Scilly.

X



Special hospital

- Prevent people staying in hospitals.



- Provide support in Cornwall and Isles of Scilly.

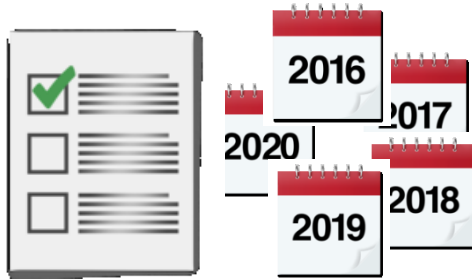
The Plan will look into:



- Future support needs.



- Buying services which support national policies and local spending plans.



- Checking that services provided by NHS Kernow and the Councils are meeting needs over the next 5 years.



- Delivering The Plan in line with the Councils' and NHS Kernow's spending plans.



- Developing a clear model bringing together all health and social care for all ages.



Kernow Clinical Commissioning Group **NHS**

Who decides what services we have

NHS Kernow and the Councils work together to plan and buy services.

Together services cost around £75 million a year.



We buy special services for people with health conditions and challenging behaviour.





The Councils buy most care and support for people with learning disabilities. This is through supported living, residential care, and personal budgets.

What is the Transforming Care Partnership



This is a group of people that will make sure that The Plan happens.

These people are:



- Professionals who work for NHS Kernow and the Councils.



- People with learning disabilities and/autism who have challenging behaviour, or have stayed in hospitals for people with challenging behaviour.



- Family/carers of people with challenging behaviour.



- Devon and Cornwall Police.



- Support services.



2



These people will meet every 2 months to make sure that The Plan is happening.

Who else will be involved in The Plan

We will also talk to:

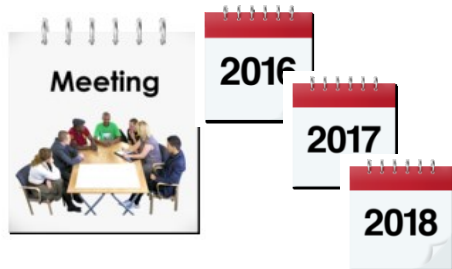


- The Learning Disability Leadership Group.
- Cornwall People First.
- The Learning Disability Partnership Group.
- The Big Health Group.
- The Cornwall Autism Partnership – adults and children.

How The Plan has involved people with learning disabilities and/ autism, and family and carers



We have talked to people about The Plan. A lot of ideas have been added to the Plan.



There will be regular meetings over the next 3 years to continue to hear their views.

Add post stick picture

Here is an example of ideas from people.

How we can make things better



There are 5 important areas that need to change:

1. Training

Services who have contact with people with learning disabilities and/autism with challenging behaviour need more training to understand people's needs.





We will make sure that they have training in person centred planning, and working with people with challenging behaviour.



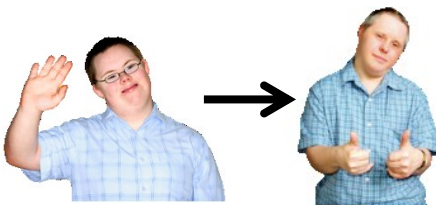
2. Autism and Asperger's syndrome

We will make sure that people on the autistic spectrum get support from people who understand their needs.



3. Children and Young People

We will make sure that children and young people services are the same across Cornwall and the Isles of Scilly.



We will make sure that young people move on well to becoming adults.



4. Housing

We will make sure that there is more choice of housing that meets people's needs and are where people want to live.

5. Controlling your money and personal budgets



We will make sure people have the right to be in charge of their own care and support. This will be done by using personal budgets and person centred planning.

What we want to achieve

In 2018/2019 we want to achieve:



1. Better quality of care



This means NHS Kernow and the Councils will continue to work together to make sure that people have choice and control over their care and support.

2. Better quality of life



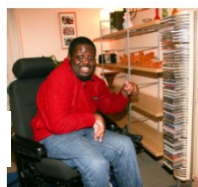
We want people to be more independent and have opportunities in education, employment and training. We want people to feel included in their community.

X



Special hospital

✓



3. To use less inpatient beds

We will continue to support services that support people who are at risk of going into hospital.



We want people who are at risk of going into hospital to have a strong voice in choosing their care.



We will use quality checking that involves people who use services and their families/carers.



We will also measure how we are doing. This means checking what we have achieved.

Conclusion



The Plan will make sure that people have more power and choice.



People who are able to choose where they live and what they do in their community are less likely to be distressed.



They are also less likely to behave in ways that put them at risk.

BIG words

Challenging behaviour: When you are very upset or angry and you may do things which hurt yourself and others.

Mainstream services: These services are for all people.

Mental health condition: How you think and feels affects how you behave.

Principles: This means beliefs or values.

Transforming: this means change