



# Transforming Care Partnership Charter



Where legal and possible, I have the right to...

- be the lead in any decisions or plans made about me
- make my own decisions
- have a named person I choose to make decisions for me if I am too anxious or stressed
- have all information in a way I understand
- be given the time I need to make decisions
- chair my own meetings or have my named person chair for me



**STOMP**

Stopping the over medication of people with a learning disability, autism or both



- be treated as a person not a label
- have people say positive things about me at the beginning of my meetings so professionals remember I am a person not a problem
- follow STOMP's 'Getting It Right For Me' guidelines
- request a community care and treatment review if I want one
- give feedback on the service I am getting
- not have any of my lawful freedoms taken away
- have a person centred plan